



FREE - Please Take a copy! - The Columbia Valley's Entertainment Guide

NEW Contact information 250-341-7243

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Fresh Every Thursday!!!

CANADIAN SPORTS TRIVIA

Which Canadian won the Snowboard Giant Slalom in the 1998 Nagano, Japan Olympic Winter games?

(Answer on page 5)

January 7-13, 2010 Volume 8 Issue 2

Christmas Tree Pickup

This Saturday, January 9 the Kinsmen Club of Windermere Valley will be doing their annual Christmas tree recycling program. If you are living in Invermere or Radium, leave your tree out near the street. It must have all decorations removed for easy recycling.

Pickup will be at 10 am on Saturday. Cost is by donation only and all money raised will go to the Cystic Fibrosis Foundation. Recycle your tree and help others all at once. Good work.

Eating Strawberries

A farmer was driving along the road with a load of fertilizer. A child playing in front of his house saw him and called, "What are you hauling?"

"Fertilizer," the farmer replied.

"What are you going to do with it?" asked the child.

"Put it on strawberries," answered the farmer.

"You ought to live here," the child advised him. "We put sugar and cream on them."

Torch Volunteers Needed

Invermere is a 'Celebration' community with the Olympic Torch. This means that the Torch will be in our town for two hours of ceremonies.

The planned events require the help of

several volunteers in the following categories: staggers, security, setters, show runners, mascot performers, media relations, recycling team and others.

All these positions are very important and require good, dedicated people. Each volunteer receives a piece of torch clothing to commemorate the experience.

Be a part of this great community and give some of your time and skills to help make this event one to remember forever.

Contact Kindry Dalke at the District of Invermere at 250-342-9281 or email her at kdalke@invermere.net. You can also find information at the District website at www.invermere.net.

Bighorns' Bottle Drive

The Bighorns' Football Club will be doing a door-to-door bottle drive this weekend, Saturday and Sunday, January 9 and 10. If you won't be home those days but would still like to donate, you can call Darla at 250-688-0256 or Joe at 250-341-1032.

The Bighorns would like to wish everyone a happy new year and thank everyone for their support during 2009.

Showing at the Toby Theatre

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HAPPY NEW YEAR EVERYBODY!



Calling all Volunteers for the Olympic Torch Celebration

All activities associated with the production of the Vancouver 2010 Olympic Winter Games require the commitment and participation of its volunteers. This is certainly the case with torch relay community celebrations.

You can volunteer individually or have an entire group or organization volunteer. The more the merrier!

The lucky volunteers will receive a piece of torch clothing.

For more information regarding each volunteer position, please look on the website at www.invermere.net

If you are interested in volunteering, please contact Kindry Dalke at 250-342-9281 or kdalke@invermere.net and specify which position you would like to volunteer for.

For more information regarding each volunteer position, please look on the website at www.invermere.net

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Busy Time In The Valley

It was interesting to see how busy the valley was during the Christmas holidays. This is definitely the place to come for skiing, snowmobiling, ice fishing, skating or soaking. The Columbia Valley is a complete winter wonderland and we are all so lucky to be part of it.

I have never seen the lake so busy. Any day there was 50 cars parked at Kinsmen Beach as folks were using the cleared rinks and the Whiteway path. I must say that the Whiteway is a brilliant addition to our lives

The ice fishing 'villages' are developing quickly as well. Good luck folks.

Riddliculous

This is an unusual paragraph. I am curious how quickly you can find out what is so unusual about it. It looks so plain and normal that you would think nothing was wrong with it. In fact nothing is wrong with it at all. It is unusual though. Study it, think about it...but you still may not find anything that is wrong. See page 6.

Bonspiel On The Lake

The Lake Spiel is rapidly approaching with the dates set for January 22-24. This year's event should be spectacular as it coincides with the Olympic Torch passing through the valley. 64 teams are registered. The lake will be very busy.

Those interested in helping build the ice surface should contact Perry Horning at 250-342-1324. This can be a very labour-intensive task and many volunteers are always needed. You have all done a great job every year and you are much appreciated.

Other volunteer opportunities are available with hall set-up and teardown, bartending and cleanup. Stop by the curling club for more information.

Junior Curling Sessions

The January session for junior curling will be underway shortly. Wednesday afternoons between 3:30 and 5:30 pm is a great time for the kids to learn about a great sport. The cost is only \$20 for six sessions, including a year-end party. Introduce your kids to a lifetime sport, introduce them to curling.

Cowboy and Bible

The religious cowboy lost his favorite Bible while he was mending fences out on the range. Three weeks later a cow walked up to him carrying the Bible in its mouth. The cowboy couldn't believe his eyes. He took the precious book out of the cow's mouth, raised his eyes heavenward and exclaimed; "It's a miracle!"

"Not really," said the cow. "Your name is written inside the cover."

Song Of Joy

Dance like nobody is watching,
Love like you've never been hurt,
Sing like nobody's listening,
Live like it's heaven on earth.

By Mark Twain

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CLASSIFIEDS

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Robservations

Happy New Year! I hope everyone had a great holiday season and a fun evening of welcoming 2010. Hopefully 2010 is full of prosperity and joy for all of us. Did you make a resolution or two? I actually did not sit down and think about any specific resolutions for 2010. Very unusual for me. I guess I need to improve in so many ways that I didn't want to single anything out.

Eat better, give more, forgive more, be more assertive, be more active, be more spontaneous, manage time better and much more.

Last year flew by with many great moments and many tough times. This valley does a great job taking care of its own in times that can be quite tough. May that never change. Happy New Year!

Husband in Coma

A woman's husband had been slipping in and out of a coma for several months, yet she had stayed by his bedside every single day. One day, he motioned for her to come nearer. As she sat by him, he whispered, eyes full of tears,

"You know what? You have been with me all through the bad times. When I got fired, you were there to support me. When my business failed, you were there. When I got shot, you were by my side. When we lost the house, you stayed right here. When my health started failing, you were still by my side.....You know what?"

"What dear?" she gently asked, smiling as her heart began to fill with warmth.

"I think you're bad luck!"

Party Thanks

The Invermere District Curling Club would like to thank all the businesses and organizations that held their staff and Christmas parties at our venue last year. We had some fantastic events that kept the club hopping for all of November and December.

For those of you who had a chance to try curling for the first time and found that you actually really enjoyed it, come on back to the club. We have drop-in curling Tuesdays at 2 pm or show up for our social fun league Thursdays at 7 pm. We will find a place for you in our club and you will make a bunch of new friends.

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- Which character was played by Ted Danson on Cheers?
- In the Bible, who was found in the bulrushes by Pharaoh's daughter?
- In cookery, 'florentine' means cooked with which vegetable?
- How many chromosomes does a normal human cell contain?
- Which lower level cloud type is commonly called a rain cloud?
- What part of the eye is responsible for its colour?

(Answers to #s one, two and three on page 8; #s four, five and six hidden in ads in this issue)

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Winter Lake Etiquette

With the lake being so busy in the winter, it is critical that we look after it. Clean up your mess. It is awful how many bottles, cans, boxes, coffee cups and other garbage you can find out there already.

Does your vehicle leak fluids? If so, please keep it off the lake. All those fluids end up in the lake.

Taking your dog for a walk? Please clean up after it as it all ends up under water.

Remember that the island at Windermere Beach is environmentally sensitive so keep your quads and sleds away. Do not drive across the Whiteway tracks any more than necessary.

Make the lake experience great for everyone.

What Am I?

There are many species of me and I am found almost everywhere in Canada. I carefully construct a burrow, which I use for an escape route as well as food storage. I will dig straight down to below frost then tunnel horizontally, adding chambers for storage and sleeping. I will then tunnel straight up for a rear entrance. The tunnels are large enough to only admit my body, thus providing protection from most predators. I eat mostly seeds, berries and nuts. What am I? See page 7.

Gone With The Wind

Two mice live in a movie studio warehouse and are looking for food. Suddenly one hears the other chewing. "What did you find?" he asks.

"I am not sure," comes the answer. "It looks like a piece of film celluloid from an old movie. Let me see... Ah, yes. It is from 'Gone with the Wind.'"

"And how is it?"

"Nothing much. The book was better."

Once In A Blue Moon

We have all heard that saying many times in our lives but how many know what it means? We actually had a blue moon last month on New Year's Eve, a very rare occurrence.

A blue moon is when there are two full moons in a single month. In 2009 we had a full moon on both December 2 and December 31. It takes place only once every 28 months so it is several years before we will see it on New Year's Eve again.



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Green Dream

Many folks used to comment on the 'Enviromental Health' column that Louise used to submit for me. I have also had a suggestion of a 'sustainable living' column for 2010. I managed to come across a calendar called 'Every Day is Earth Day' with an environmental tip for each day of the year. I shall use this calendar to generate columns for this year. I think I will call it 'Enviromental Health' as I always loved the name that Louise gave to the column.

Canadian Sports Trivia Answer

The gold medal in the 1998 Olympic Winter Games Snowboard Giant Slalom was won by Canadian Ross Rebagliati.

Enviromental Health 2010

Install compact fluorescent lights everywhere that is possible. Lighting uses 10% of your electric bill and using cfls instead of incandescent lights can reduce your usage by up to 75%. Start with the five bulbs you use most often and then replace others as they burn out. You can save \$30 or more during the lifetime of each bulb. As with many green solutions, this is a win-win situation. You save money while reducing your impact on the environment.

School Age

Billy had reached school age. His mother managed with a blast of propaganda to make him enthusiastic about the idea. She bought him lots of new clothes, told him of the new friends he'd meet, and so on. When the first day came, Billy eagerly went off and came back home with a lot of glowing reports about school. The next morning when his mother woke him up, he asked, "What for?" She told him it was time to get ready for school. "What?" he asked. "Again?"

Start Fresh

With the arrival of the 2010, it is important to take a look at the past year and its successes and failures. It was a tough year on many businesses and individuals but a great year for others. What worked for your business? What didn't work? Now is the time to move forward. A good way to start is making sure that anyone entering your building knows that they are wanted there.



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Rockies' Hockey

The Columbia Valley Rockies are hosting the Princeton Posse as their first home game of 2010. The Posse will be at the Eddie Mountain Memorial Arena this Friday, January 8 at 7:30 pm.

The Rockies have had a pretty slow season but the fan support has been steady. Keep it up folks. There are lots of great fan giveaways and lots of great entertainment. Bring the family down and watch some future hockey stars play some great hockey.

Riddliculous Answer

That long paragraph is missing the most common letter of the alphabet, the letter 'e'.

Reindeer at Bar

One evening, in a busy lounge in the deep south, a reindeer walked in the door, belied up to the bar and ordered a martini. Without batting an eye, the bartender mixed and poured the drink, set it in front of the reindeer, and accepted the twenty-dollar bill from the reindeer's hoof. As he handed the reindeer some coins in change, he said, "You know, I think you're the first reindeer I've ever seen in here." The reindeer looked hard at the hoofful of change and said, "Hmmmmpf. Let me tell you something, buddy. At these prices, I'm the last reindeer you'll see in here."

Beneficial Sound

I was able to attend the Lakeside Pub Musician's Food Bank Benefit just before Christmas this season and I must say that I was very impressed. The quality of music that our local talent produces is amazing and the fact that they are willing to showcase their talents to benefit the Food Bank is even more amazing.

Fan support was great and it was difficult finding a seat. Well over \$2,000 was raised for a cause that is critical to many families in our community. Thanks to all the organizers, entertainers, hosts and spectators. You are great.

Swedish Proverb

Fear less, hope more, eat less, chew more, whine less, breathe more, talk less, say more, hate less, love more, take less, give more and all good things will be yours.

Invermere District Curling Club

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Good Food Overload

A lot of food has passed before me during the past two weeks and all of it has been amazing. From fresh fruit to roast turkey, fresh baking to Belgian waffles, fresh salads to candied yams and more. It was unbelievable. Nut wreaths, Nanaimo bars, shortbread, homemade chocolates, homemade bread, mandarin oranges and even more. Obviously I didn't lose much weight this season. Looking forward to getting active again.

Thanks to all my friends and family who kept me from starving over the holidays.

Texas

At the urging of his doctor, Bill moved to Texas.

After settling in, he met a neighbour who was also an older man.

"Say, is this really a healthy place?"

"It sure is," the man replied.

"When I first arrived here I couldn't say one word. I had hardly any hair on my head. I didn't have the strength to walk across a room and I had to be lifted out of bed."

"That's wonderful!" said Bill. "How long have you been here?"

"I was born here."

What Am I Answer

Several species of the chipmunk can live in close proximity to each other without cross-breeding occurring. The chipmunk produces three to five young that stay in the burrow for about a month before venturing into the world.

Brisco Crib Notes

Brisco Crib returned with a "bang" on Sunday, January 3rd with everyone guided by their New Year's resolutions, refreshed bodies and minds and eager to get on with crib. Pauline Dontigy showed them how with the high day score of 835, followed by Joan Galbraith with 823 and the "Booby Prize" winner, Robin Jones. Nice to see you Robin. Everything is up from there, right?

Our condolences to the Reid family. Crib goes 2-4 pm every Sunday at the Brisco & District Community Hall. See you all next week.

The Conch Light

In a misguided burst of creativity, I installed a night-light in a conch shell I found on the

beach. My wife took an instant dislike to it, and at the next yard sale it was the first thing she put out.

I felt vindicated when a woman kept coming back to check it out then finally bought it. "That will look great in your home," I said.

"Oh it is not for me," she explained. "My bridge club is having a charity auction and we were asked to bring in the most hideous thing we can find. What I've got here is a winner."

Believe It Or Not

In 1988, the world's largest ice cream sundae was built in a swimming pool in Edmonton, Alberta. The sundae weighed 24,908 kg (54,917 lb).

In 2002, the Lung Association of Brockville, Ontario made an omelet containing 60,000 eggs and weighing 6,510 pounds.

In 2007, the Northwest Fudge Factory of Levack, Ontario made a slab of fudge that was 45 ft. 6 in. long and weighed in at 5,038 pounds.



Live KIJHL hockey upcoming at the Eddie Mountain Memorial Arena.

Fri., January 8, 7:30 pm

Hosting the

Princeton Posse

Lots of fan giveaways

WIN 2 TICKETS TO ANY ROCKIES' GAME BY ANSWERING

THE FOLLOWING: How many points did the Rockies earn during the 2009 portion of this season?

Email answer to valleypeak@telus.net



Names We've Heard

- 6 Rowan Atkinson (Mr. Bean)
- 7 Nicolas Cage
- 8 Stephen Hawking, Elvis Presley
- 9 Richard Nixon, Jimmy Page
- 10 Pat Benetar, Rod Stewart
- 11 Naomi Judd, Rod Taylor
- 12 Howard Stern, Kirstie Alley

Local Celebrities

- 6 Catrina Trozzo
- 8 Alisha Trozzo, Ashley Hecher
- 10 Wilf & Bill Hemmelgam, Atlyn Trask
- 11 Joanne Broadfoot, Doug Mitchell
- 12 Suzie Thomas

Submit your free birthday or anniversary greetings to valleypeak@telus.net or call 250-341-7243

The Valley Peak is read by all ages!



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★ WHAT'S UP ~~~~~ down the valley ★

FREE LISTINGS FOR COMMUNITY EVENTS

Every Thursday

Adult lap swim 6:30-7:30 pm at Radium Pools.
Kyoshin Karate 7-9 pm at Kicking Horse Coffee.
\$10 drop in fee. 250-342-5385.
Judo Club at Invermere Judo Hall 7-8:30 pm.
250-688-0319.

2nd Thursday of Every Month

Crib tournament in Canal Flats at the Civic Centre at 1 pm. \$5 entry for 5 game rotating partner tourney. Call 250-349-5504.

Every Friday

Duplicate Bridge at 1:00 pm at Invermere Seniors' Hall. \$2 drop-in, bring a partner, everyone welcome.

Invermere Seniors' Cribbage at 7:30 pm.

Last Friday of Every Month

'Soup and a Bun' luncheon at Edgewater Legion for only \$5.

Every Saturday

Any outdoor activity you like in this awesome valley. Get on the lake.

Every Sunday

Crib at Brisco Community Hall 2 pm.

Psychic Tarot and Oracle readings by Anicka 12:30-4:30 pm at Smoking Water Coffee Company in Fairmont.

Drop in badminton at DTSS 7:30-10 pm. 250-342-3825.

Japanese jiu jitsu 7-9 pm at Invermere Judo Hall. \$10 drop in. 250-342-5385.

Every Monday

Invermere Seniors' Carpet Bowling at 1:30 pm. Duplicate Bridge at Invermere Seniors' Hall at 6:30 pm. \$2 drop-in fee, bring a partner, everyone welcome.

Adult lap swim 6:30-7:30 pm at Radium Pools.
Judo Club at Invermere Judo Hall 7-8:30 pm.
250-688-0319.

1st and 3rd Monday Each Month

OPTions for Sexual Health. Confidential low-cost birth control, STI testing. 6:30-8:30 pm. 250-342-2362.

Every Tuesday

Drop-in curling 2 pm-4 pm at the Invermere District Curling Club. 250-342-3315.

Purcell Mountain Painters meet at Invermere Seniors' Centre from 9 am to 12:30 pm.

Take Off Pounds Sensibly (TOPS) meets at the Lake Windermere Alliance Church at 326-10 Ave. from 6 pm to 7 pm. If interested, call Bev at 250-342-3992 or Barb 250-342-5342.

Kyoshin Karate 7-9 pm at Kicking Horse Coffee. \$10 drop in fee. 250-342-5385.

Every Wednesday

Junior Curling program at the Invermere District Curling Club 3:30 to 4:30 pm. Call Rob at 250-342-3315 for information.

Red Hat-Foxy Red Bonnets meet at Tim Hortons at 10 am. 250-342-0198.

Open jam at Hoodoo Grill after 9 pm.

Badminton at J.A. Laird 7-9 pm. 250-342-3825.

January 6-9, Wed-Sat.

'New Moon' showing at Toby Theatre at 7:30 pm.

January 8, Friday

Columbia Valley Rockies host the Princeton Posse at Eddie Mountain Memorial Arena at 7:30 pm.

January 9, Saturday

Christmas tree recycling in Invermere and Radium by the Kinsmen Club. Donations to Cystic Fibrosis.

Jan 9&10, Sat&Sun.

Bighorns' bottle drive door-to-door. 250-342-1032.

January 10, Sunday

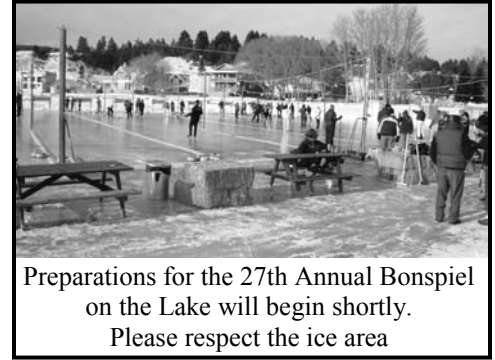
Banff Mountain Film festival World Tour at Invermere Community Hall at 7 pm. Tickets \$20, proceeds to Whiteway.

Jan 13-16, Wed-sat.

'Old Dogs' showing at Toby Theatre at 7:30 pm.

January 22, Friday

Olympic Torch in the valley with various activities and ceremonies in each community. Volunteers needed.



Preparations for the 27th Annual Bonspiel on the Lake will begin shortly. Please respect the ice area

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Bacon & Cheese Burger Sundays

Planning a Party? Christmas?
Party Packs To Go / Private Dinner for 30

Bicycles can't stand on their own because they are two-tired.

A candle loses nothing when sharing its flame with another candle.

Brain Drain Answers

1. Sam Malone
2. Moses
3. Spinach

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