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CANADIAN SPORTS TRIVIA

Who won Canada's first and only gold medal in singles figure skating, male or female?

(Answer on page 5)

January 28-February 3, 2010 Volume 8 Issue 5

Spaghetti Season

The Edgewater branch (#199) of the Royal Canadian Legion is hosting its annual Spaghetti dinner this coming Saturday, January 30 with cocktails at 5:30 pm and dinner at 6:30 pm.

The cost is only \$10 for all-you-can-eat spaghetti, Caesar salad, garlic bread, dessert and beverage. Seniors and under 12 pay only \$8 and under 6 eat for free. I should mention here that I love spaghetti.

No Proof

It has been a pretty busy few days in the valley and especially busy for those involved with the curling on the lake. One of those folks is me. This has led to a couple very late nights of writing, much of which will half knot bean proof red. Enjoy the errors.

New Teeth

Our local minister had all of his remaining teeth pulled and new dentures made a few weeks ago.

The first Sunday, his sermon lasted 10 minutes. The second Sunday, he preached only 20 minutes. But, on the third Sunday, he preached for an hour and a half. I asked him about this. He then told me "well, John, that first Sunday, my gums were so sore it hurt to talk. The second Sunday, my dentures were still hurting a lot. Now the third Sunday, I accidentally

grabbed my wife's dentures AND I COULDN'T STOP TALKING!"

Fishing Fun

Remember that this Saturday, January 30 is the 10th annual fishing derby hosted by Ray Ray's Beach Pub and the Kinsmen Club of Windermere Valley. The event runs from 9 am to 3 pm and costs only \$35.

There are a number of prizes and a lot of fun to be had. Register at Ray Ray's anytime after 8 am.

Bonspiel On The Lake

A great example of 'many hands make light work' and 'practice makes perfect' this year. In order for 64 teams of curlers to have a good weekend of curling on the lake, many volunteers have to get involved. By forming committees and delegating duties to each committee, everything comes together nicely. Thank you to all the people who helped make it happen. You were all very good at your part of the event and you all did a great job to help your club put on a great event.

Catch the Olympi9c spirit. It feels great.

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The girls at 'River Gems Jewellery' are terrific at finding you the perfect gift. They are very intuitive about what the ladies like and make it very easy to stop in and find something. Some of their pieces are very unique and all of them are very beautiful. They helped me make my mom very happy this past Christmas. I was impressed. Stop in at their store downtown for gift ideas.

Riddliculous

Last week I put a drawing of an elephant in The Valley Peak for everyone to glance at. It is the same drawing that is on this page. Do you notice anything unique about the drawing?
See page 6.

Map

Before heading out on a family hike, we stood at the trailhead-reviewing map pinned to a bulletin board. A red arrow on the map that said "You are here" caught my six year-olds attention. Pointing to it he asked, "How do they know that?"

Winter Olympic Interests

The first ever Olympic Winter Games was held in 1924. Then it was called the International Winter Sports Week but was later recognized as the Olympic Games.

There were five events included: Nordic skiing, figure skating, speed skating, bob-sledding and hockey. This year there will be 17 events, many of which are broken down into different disciplines of the same sport (i.e.: alpine skiing includes many events).

Our Olympic Winter Games are coming up very soon. Canada has improved the medal count every year since 1980. This year, being on home ground, we are hoping to have our best year yet. Good luck to all the athletes.

Quiet In Church

A Sunday school teacher was talking to her young pupils about how they should behave in church.

"Now," she said, "who can tell me why you should be quiet when you are sitting with your parents in church?"

One little girl put up her hand. "Yes Jane, tell everyone why!" said the teacher. Replied Jane, "Because people are trying to sleep!"

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Robservations

'Many hands make light work', and 'practice makes perfect,' How true are those statements! It was pretty interesting to see the stage for the Olympic Torch ceremonies take shape. Obviously, each person involved had a very specific job to do and had to be able to do it quickly and efficiently.

There were a lot of people involved but you could tell they had been doing it several times. Lots of practice. Each person went about their business and everyone pulled together when needed for the bigger parts of the job.

If everyone at every workplace were able to perform with the teamwork and spirit of the Torch crew, then work would be pleasant and productive.

Three Little Pigs

There were three pigs. The first pig went to a bar ordered a drink and gulped it down and went to the bathroom and then left.

The second pig went to the same bar ordered a drink and gulped it down and went to the bathroom and then left.

The third pig went to the same bar ordered a drink and gulped it down and was just going to leave and the bartender asked if he was going to the bathroom and the third little pig said "No I'm the little pig that goes weee weee weee all the way home"

Rockies' Hockey

The Columbia Valley Rockies had a very exciting game last Sunday as they played The Grand Forks Border Bruins, the other 'cellar dwellers' in the league. It was a close, hard-fought battle and ended up in a 4-4 overtime tie.

This weekend finds the Rockies at home against the Creston Valley Thunder Cats. The game is Friday, January 30 at 7:30 pm at the Eddie Mountain Arena. Get down there and support your local junior hockey club.

Late Night Bouncing

A friendly 'hello' to J and C. Hope you had a great night on the trampoline on Monday. Sounds like it would be lots of fun.

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1. Which Canadian musician composed 'Heart of Gold'?	<i>(Answers to #s one, two and three on page 8; #s four, five and six hidden in ads in this issue)</i>
2. Who was Tom Cruise's second wife?	
3. Of which country is Reykjavik the capital?	
4. The ciliary body is in which part of the body?	
5. Phenol is also called what type of acid?	
6. How many millimeters are there in a kilometer?	

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What Am I?

I once inhabited most of the area now known as the Prairie Provinces while my cousin roamed the northeast corner of British Columbia, the Yukon and part of the Northwest Territories. Now we are part of several controlled herds in Western Canada.

As a male, I can grow to be up to 2 m (6 ft) high and 3.5 m (12 ft) long. I can weigh up to 1 tonne (2300 lbs). What am I?

See page 7.

Pancake Breakfast

Mary offered to care for the eight-year-old daughter of neighbours who were going away for the weekend. On the Saturday morning, she made breakfast, laying a generous helping of bacon and eggs in front of the child.

"Mummy always serves hot pancakes for breakfast," said the eight-year-old.

So Mary, very eager to oblige, hurried into the kitchen and quickly prepared a plate of hot pancakes, which she laid in front of the girl.

"No, thank you," she said.

"But I thought you said your mother always has hot pancakes for breakfast!" said Mary in surprise.

"She does," said the child. "But I don't eat them!"

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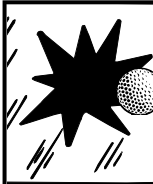
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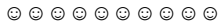
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Great Curlers

This year's Bonspiel on the Lake winners played some great games. You will find their photos spread around this issue of The Valley Peak.

The 'A' Event winners were Richard Brunner, Dan Sowerby, Matt Taylor and Barrett Cowles. The 'B' Event was won by Gord and Susan Cormack, Bob and Raquel Garies and Dan Horton

The 'C' Event champs are Lorne Witts, Wes Walstrom, Stephan Long and Erin Jessome. The 'D' Event (endurance) winners were Greg Jeans, Stephanie Schroeder, Blair Mumford, Heather Manahan and Kari Dawson.

Congratulations to all of you. Watch out next year!

Canadian Sports Trivia Answer

It was in 1948 that Barbara Ann Scott won Canada's first and only Olympic gold medal in single figure skating, male or female.

Official Retraction

During the dinner/dance of the Bonspiel on the Lake, I had an opportunity to talk to the whole crowd. I may have misused that privilege by openly projecting a victory for our team.

As it turns out, this was not the case. I guess that a little lesson in humility never hurt anyone. An awesome display of skill and perseverance by Pete, Phil, Mark and Tim to take us down a notch.

By the level of cheering from the crowd, I don't think there were too many disappointed fans.

Progression

Worried patient: 'Doctor, I'm very worried. I'm still suffering from exhaustion and fatigue when I come home from work every evening.'

Doctor: 'Oh, that's nothing to worry about. Just have a few drinks before your dinner - that will soon wake you up.'

Patient: 'Thanks very much, doctor! But when I consulted you before, you told me to cut out drinking alcohol completely.'

Doctor: 'Yes, so I did. But that was last week, old chap - and medical science has progressed enormously since then.'

Sounds like some of our local doctors.

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Quite The Night

This past weekend was a busy one for many folks in the valley, myself included. I was able to see a bit of the Torch ceremony in Invermere, but after that I as pretty involved with the Bonspiel on the Lake.

I did not get a chance to attend 'Winterlude' the festival held at Kinsmen Beach on Friday evening. I heard nothing but great revues from everyone who said they attended. Many local and visiting curlers did get an opportunity to attend and were pretty impressed. The music was great, the fire pits were fantastic, and the 'Taste of Invermere' was terrific. The fireworks were sensational, pleasing the crowd for quite a while.

Thanks to all those involved in the 'Winterlude'. Hopefully it carries on for years to come.

Riddliculous Answer

The drawing of the elephant on page is actually quite unique. It is made up only of the letters that spell the word 'elephant'. Some folks have way too much time on their hands.

God

A little boy wanted \$100.00 badly and prayed for two weeks but nothing happened. Then he decided to write God a letter requesting the \$100.

When the postal authorities received the letter addressed to God, Canada, they decided to send it to Prime Minister Harper.

Harper was so impressed, touched, and amused that he instructed his secretary to send the little boy a \$5 bill. He thought this would appear to be a lot of money to a little boy.

The little boy was delighted with the \$5 and sat down to write a thank you note to God, which read:

Dear God, Thank you very much for sending the money, however, I noticed that for some reason you had to send it through Ottawa and, as usual, those pen-pushers deducted \$95.

Proverbs

Who does not discipline his child will later punish himself.

Who gossips to you will gossip of you.



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Learn A Little French

I barely remember the bit of French that I learned in school so I am going to try to refresh my memory and yours a little bit. In English we often use the term 'I am' which comes from a base verb of 'to be'. 'To be' also includes 'you are'. In French, 'je suis' (pronounced swee) means 'I am'. Often I will say to myself, 'Je suis hungry/happy/etc', just to hear the sound of it and remind myself of French. I might add 'tres'(trey), meaning very. 'How am I?' you might ask. 'Je suis tres happy', you might hear. A little mix of English and French.

What Am I Answer

The calves of both the plains bison and the woods bison stay with the cows for three years until ready for breeding. Cows may bear calves every year for 20 years.

Brisco Crib Notes

Joan Galbraith of Spillimacheen, reigning Jackpot Winner, came very close again this week at Brisco Crib, posting a score of 838. Val Wolfenden of Invermere was right behind, with a score of 836. And, Simone Anderson also of Invermere, was the "Booby Prize Winner". Hello once again Simone, nice to see you! Everything is up from there eh!

Brisco Crib goes every Sunday, 2-4 pm at the Brisco & District Community Hall. Refreshments and goodies always available, right John? See you there. Bring a friend.

Making Faces

Finding one of her students making faces at others on the playground, Ms. Smith stopped to gently reprove the child. Smiling sweetly, the Sunday school teacher said, "Johnny, when I was a child, I was told if that I made ugly faces, it would freeze and I would stay like that."

Johnny looked up and replied, "Well, Ms. Smith, you can't say you weren't warned." Windermere Celebrations

Some of the Windermere Torch celebrations can be seen on You Tube at <http://www.youtube.com/watch?v=6Pz7iLn3nMI> or you can find other video at <http://www.ctvolympics.ca/torch/index.html#/DailyPhotos/Day85>. The beauty of modern technology.

EnvironMental Health

Let the sun shine in. During the winter, keep drapes, shades and blinds open on sunny days, especially on windows on the south and west sides of the house. By capturing some of the sun's heat you can lower the thermostat, save energy and money, and reduce your carbon footprint. Seems like a great idea to me.

Olympic Hopeful

It has been great seeing Manny Osborne-Paradis performing so well coming into the Olympics. He has had a great season, including a win last weekend. I watch the comedy network at home and his commercial runs pretty steady on there.

Manny is a great skier and one of our stronger athletes in these games. He has a good chance of bringing us a medal as he is on a roll lately. Good luck to all our athletes.



Names We've Heard

- 28 Elijah Wood, Alan Alda
- 29 Oprah Winfrey, Tom Selleck
- 30 Phil Collins, Gene Hackman
- 31 Justin Timberlake, Nolan Ryan
- 1 Lisa Marie Presley, Farrah Fawcett
- 2 Shakira, Farrah Fawcett
- 3 Robert Earl Jones, Morgan Fairchild

Local Celebrities

- 28 Courtney Ridding, Susan Boker
- 29 Katelyn Holt
- 30 Dave Moutray
- 31 Brad Logan, Shelley Hopkins
- 1 Corey Olsen, Larkin Pocha, Tyler Fiddler
- 2 Paul King, Riley Beingessner, Tim Goldie
- 3 Joe Cote, Terry Haight

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★ WHAT'S UP ~~~~~ down the valley ★

FREE LISTINGS FOR COMMUNITY EVENTS

Every Thursday

Adult lap swim 6:30-7:30 pm at Radium Pools.
Kyoshin Karate 7-9 pm at Kicking Horse Coffee.
\$10 drop in fee. 250-342-5385.
Judo Club at Invermere Judo Hall 7-8:30 pm.
250-688-0319.

2nd Thursday of Every Month

Crib tournament in Canal Flats at the Civic Centre at 1 pm. \$5 entry for 5 game rotating partner tourney. Call 250-349-5504.

Every Friday

Duplicate Bridge at 1:00 pm at Invermere Seniors' Hall. \$2 drop-in, bring a partner, everyone welcome.

Invermere Seniors' Cribbage at 7:30 pm.

Last Friday of Every Month

'Soup and a Bun' luncheon at Edgewater Legion for only \$5.

Every Saturday

Any outdoor activity you like in this awesome valley.

Every Sunday

Crib at Brisco Community Hall 2 pm.

Psychic Tarot and Oracle readings by Anicka 12:30-4:30 pm at Smoking Water Coffee Company in Fairmont.

Drop in badminton at DTSS 7:30-10 pm. 250-342-3825.

Japanese Ju Jitsu 7-9 pm at Invermere Judo Hall. \$10 drop in. 250-342-5385.

Every Monday

Invermere Seniors' Carpet Bowling at 1:30 pm. Duplicate Bridge at Invermere Seniors' Hall at 6:30 pm. \$2 drop-in fee, bring a partner, everyone welcome.

Adult lap swim 6:30-7:30 pm at Radium Pools.
Judo Club at Invermere Judo Hall 7-8:30 pm.

250-688-0319.

1st and 3rd Monday Each Month

OPTions for Sexual Health. Confidential low-cost birth control, STI testing. 6:30-8:30 pm. 250-342-2362.

Every Tuesday

Drop-in curling 2 pm-4 pm at the Invermere District Curling Club. 250-342-3315.

Purcell Mountain Painters meet at Invermere Seniors' Centre from 9 am to 12:30 pm.

Take Off Pounds Sensibly (TOPS) meets at the Lake Windermere Alliance Church at 326-10 Ave. from 6 pm to 7 pm. If interested, call Bev at 250-342-3992 or Barb 250-342-5342.

Kyoshin Karate 7-9 pm at Kicking Horse Coffee. \$10 drop in fee. 250-342-5385.

1st and 3rd Tuesday Each Month

Steamboat Mountain Quilter's Guild at Edgewater Hall 6:30 to 8:30 pm.

Every Wednesday

Junior Curling program at the Invermere District Curling Club 3:30 to 4:30 pm. Call Rob at 250-342-3315 for information.

Red Hat-Foxy Red Bonnets meet at Tim Hortons at 10 am. 250-342-0198.

Open jam at Hoodoo Grill after 9 pm.

Badminton at J.A. Laird 7-9 pm. 250-342-3825.

January 27-30, Wed-Sat.

'Planet 51' showing at Toby Theatre at 7:30 pm.

January 29, Friday

Columbia Valley Rockies host the Creston Valley thunder Cats at 7:30 pm.

January 30, Saturday

Fishing derby at Ray Ray;s beach pub. Register at 8 am at beach shack.

February 3-6, Wed to Sat.

'Did You Hear About the Morgans' showing at Toby Theatre at 7:30 pm.

Coming Home Drunk

A very drunk man turns up at his house at 6 o'clock in the morning with his hair and clothes dishevelled. His long suffering wife, who has been waiting up all night, shouts at him furiously, "I hope you have a good reason for getting home blind drunk at this time of the morning!"

"Yes," replied the man, "I'd like some

breakfast!"

Brain Drain Answers

1. Neil Young
2. Nicole Kidman
3. Iceland

Thank you for reading The Valley Peak. Be sure to tell the sponsors that you saw their ad here.

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